

# Pattica Samuppada Factors

**avijjā** (ignorance) [the starting condition. We might also think of this as the unborn and uncreated] Conditioned by ignorance, this arises...

**sankhārā** (volitional, or karmic formations): [some impulse arises]

**viññāna** (consciousness or cognition) [the birth of awareness]

**nāmarūpa** (name and form, or the psycho-physical entity) [a sense of self]

**salāyatana** (the sixfold senses) [five senses plus the mind as a sensory organ]

**phassa** (contact) [sense organs in contact with the world]

**vedanā** (feeling) [pleasant, unpleasant, neutral experience of the contact]

**tanhā** (craving) literally: thirst

**upādāna** (grasping) [reaching out for]

**bhava** (becoming) [from that reaching out, we come fully into being]

**jāti** (birth)

**jarāmarana** (decay and death)